

ASSISTANT REFEREE

1. You are to "assist" the referee is ensuring the fairest match possible.
2. Verbal communication between the assistant referee and referee is encouraged.
3. When the assistant referee disagrees with the referee, it is mandatory that the assistant referee immediately brings it to the referee's attention.
4. When the assistant referee disagrees with the referee, the match should be stopped as soon as it is practical and an official timeout will be indicated. The assistant referee should avoid interrupting the match while significant action is in progress.
5. When necessary, the assistant referee and referee should meet quickly in front of the scorer's table to discuss the disagreement.
6. An assistant referee may support, disagree with, or have no opinion relative to a decision. However, the referee should prevail in the event of a disagreement.
7. When a decision is reached, the referee should inform the scorer's table of any change in the match scoring.
8. The referee, assistant referee, and two contestants are the only individuals permitted to step onto the wrestling mat. Coaches are not permitted to address the assistant referee.
9. If the assistant referee determines that a coach, contestant, or other team representative is in violation of rules pertaining to unsportsmanlike conduct, control of the mat area or questioning judgment, the assistant referee should notify the violator and the referee when appropriate. The referee shall inform the scorer's table.
10. In pre-match and post-match periods, and until the referee signs the bout sheet, the assistant referee should position himself on the opposite side of the mat from the scorer's table, observing the wrestlers, coaches, and table activity. Remember: first on the mat - last off the mat.
11. Help with dangerous situation during out of bounds calls, otherwise straddle the out of bounds line on the opposite side of the referee.
12. During a match and for most wrestling situations, remain approximately 180 degrees from the referee.
13. Always let the referee have the best position.

14. During referee's position starting, stand to the rear and to the side of the wrestlers - approximately 90 degrees to 130 degrees to either side or front
15. During neutral starting position, stand to the opposite side of the referee.
16. During most situations, stay out of the wrestling area.
17. During pinning situations, move into wrestling area if necessary and take the position to observe illegal acts or technical violations. Adjust to referee's position. If situation permits, count down the time at end of periods.
18. Whenever wrestling begins/resumes and after legal start, make sure time clocks begin appropriately.
19. If action permits, observe time expiration at the end of a period. However, during action at the end of a period, it is more important to assist the referee with his call. Assistant should let referee know when there is about 15 seconds left in a period. Buzzer, horn, and/or tapper should suffice, especially with two referees.
20. If referee goes to the table for any reason, remain in the center of the mat with both wrestlers.
21. During injury, recovery or bleeding time out, if you or the referee do not have a personal stopwatch, you should get a clock from the table and take it so you are close enough to advise the coach and constestant of the amount of time used.
22. Help with crowd control at table during at table during a controversial situation. Remember procedures for rendering a decision - a preliminary decision shall be discussed with both coaches; after their response, a final decision will be rendered.
23. Do not take part in a conference with a coach unless requested by the referee.
24. The assistant may signal locked hands or grasping clothing.
25. Assistant should always know what the correct score is and be sure all points are on the scoreboard. If the scoreboard is not reflection the correct score, the assistant referee must bring it to the referee's attention as soon as there is no significant action.